

# MAY 2022

## Type Your School Name Here

### BREAKFAST



**Cafeteria Manager: Jessica Cabe**

Menu subject to change depending on availability of products.



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often. *This institution is an equal opportunity provider.*  
Reference: USDA MyPlate



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

2

Chicken Biscuit OR  
Egg and Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

3

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

4

Pancakes w/ Syrup OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

5

Gravy Biscuit OR  
Bacon, Egg, Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

6

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

9

Chicken Biscuit OR  
Egg and Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

10

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

11

Pancakes w/ Syrup OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

12

Gravy Biscuit OR  
Bacon, Egg, Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

13

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

16

Chicken Biscuit OR  
Egg and Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

17

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

18

Pancakes w/ Syrup OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

19

Gravy Biscuit OR  
Bacon, Egg, Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

20

Steak Biscuit OR  
Bacon Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

23

Chicken Biscuit OR  
Egg and Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

24

Breakfast Pizza OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

25

Pancakes w/ Syrup OR  
Sausage Biscuit OR  
Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

26

Gravy Biscuit OR  
Bacon, Egg, Cheese Biscuit  
OR Cereal w/ Toast  
Fruit, Juice, and Choice of Milk

27

**Memorial Day**

30

31

